# Linear Regression Demystified

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Linear regression is an important subject in statistics. In elementary statistics courses, formulae related to linear regression are often stated without derivation. Here I derive these formulae for students with more advanced math background.

# 1 Simple Regression: One Variable

## 1.1 Least Square Prescription

Suppose we have a set of data points  $(x_i, y_i)$   $(i = 1, 2, \dots, n)$ . The goal of linear regression is to find a straight line that best fit the data. In other words, we want to build a model

$$\hat{y}_i = \beta_0 + \beta_1 x_i \tag{1}$$

and tune the parameters  $\beta_0$  and  $\beta_1$  so that  $\hat{y}_i$  is as close to  $y_i$  as possible for all  $i = 1, 2, \dots, n$ .

Before we do the math, we need to clarify the problem. How do we judge the "closeness" of  $\hat{y}_i$  and  $y_i$  for all i? If the data points  $(x_i, y_i)$  do not fall exactly on a straight line,  $y_i$  and  $\hat{y}_i$  is not going to be the same for all i. The deviation of  $y_i$  from  $\hat{y}_i$  is called the *residual* and is denoted by  $\epsilon_i$  here. In other words,

$$y_i = \hat{y}_i + \epsilon_i = \beta_0 + \beta_1 x_i + \epsilon_i.$$
<sup>(2)</sup>

The least square prescription is to find  $\beta_0$  and  $\beta_1$  that minimize the sum of the square of the residuals SSE:

$$SSE = \sum_{i=1}^{n} \epsilon_i^2 = \sum_{i=1}^{n} (y_i - \hat{y}_i)^2 = \sum_{i=1}^{n} (y_i - \beta_0 - \beta_1 x_i)^2.$$
(3)

If you are familiar with calculus, you will know that the minimization can be done by setting the derivatives of SSE with respect to  $\beta_0$  and  $\beta_1$  to 0, i.e.  $\partial SSE/\partial \beta_0 = 0$  and  $\partial SSE/\partial \beta_1 = 0$ . The resulting equations are<sup>1</sup>

$$\sum_{i=1}^{n} (y_i - \hat{y}_i) = \sum_{i=1}^{n} \epsilon_i = 0 \quad \text{and} \quad \sum_{i=1}^{n} x_i (y_i - \hat{y}_i) = \sum_{i=1}^{n} x_i \epsilon_i = 0.$$
(4)

We can combine the first and second equation to derive an alternative equation for the second equation:

$$\sum_{i=1}^{n} \epsilon_i = 0 \quad \Rightarrow \quad \sum_{i=1}^{n} \bar{x} \epsilon_i = 0$$

Subtracting this equation from the second equation of (4) yields

$$\sum_{i=1}^{n} (x_i - \bar{x})\epsilon_i = 0.$$

Equation (4) can be expressed as

$$\sum_{i=1}^{n} (y_i - \hat{y}_i) = \sum_{i=1}^{n} \epsilon_i = 0 \quad \text{and} \quad \sum_{i=1}^{n} (x_i - \bar{x})(y_i - \hat{y}_i) = \sum_{i=1}^{n} (x_i - \bar{x})\epsilon_i = 0.$$
(5)

If you are not familiar with calculus, I can show you a proof using algebra. I actually prefer that proof since it is more rigorous. Before presenting the proof, let's remind you some concepts in statistics.

 $<sup>^{1}</sup>$ Careful students may realize that this only gaurantees that SSE is stationary but not necessarily minimum. There is also a concern whether the resulting solution is a global minimum or a local minimum. Detail analysis (see Section 1.3) reveals that the solution in our case is a global minimum.

### 1.2 Mean, Standard Deviation and Correlation

The mean and standard deviation of a set of points  $\{u_i\}$  are defined as

$$\bar{u} = \frac{1}{n} \sum_{i=1}^{n} u_i \quad , \quad SD_u = \sqrt{\frac{1}{n} \sum_{i=1}^{n} (u_i - \bar{u})^2} \; . \tag{6}$$

The Z score of  $u_i$  is defined as

$$Z_{ui} = \frac{u_i - \bar{u}}{SD_u}.\tag{7}$$

The correlation of two set of points (with equal number of elements)  $\{x_i\}$  and  $\{y_i\}$  is defined as

$$r_{xy} = r_{yx} = \frac{1}{n} \sum_{i=1}^{n} Z_{xi} Z_{yi} = \frac{1}{n} \sum_{i=1}^{n} \frac{(x_i - \bar{x})(y_i - \bar{y})}{SD_x SD_y}$$
(8)

The Cauchy-Schwarz inequality states that for two set of real numbers  $\{u_i\}$  and  $\{v_i\}$ ,

$$\left(\sum_{i=1}^{n} u_i v_i\right)^2 \le \left(\sum_{i=1}^{n} u_i^2\right) \left(\sum_{i=1}^{n} v_i^2\right)$$

and the equality holds if and only if  $v_i = ku_i$  for all *i*, where *k* is a constant. You can find the proof of the inequality in, e.g., Wikipedia.

It follows from the Cauchy-Schwarz inequality that the correlation  $|r_{xy}| \leq 1$ , with  $|r_{xy}| = 1$  if and only if  $x_i$  and  $y_i$  fall exactly on a straight line, i.e.  $\epsilon_i = 0$  for all *i*. So the correlation  $r_{xy}$  measures how tightly the points  $(x_i, y_i)$  are clustered around a line.

#### 1.3 Regression Equation

To derive the regression equation, we first rewrite SSE in equation (3) in terms of Z-scores. It follows from the definition of Z-scores that

$$x_i = \bar{x} + SD_x Z_{xi} \quad , \quad y_i = \bar{y} + SD_y Z_{yi}$$

and the SSE becomes

$$SSE = \sum_{i=1}^{n} [\bar{y} + SD_y Z_{yi} - \beta_0 - \beta_1 (\bar{x} + SD_x Z_{xi})]^2$$
  
= 
$$\sum_{i=1}^{n} (SD_y Z_{yi} - \beta_1 SD_x Z_{xi} + \bar{y} - \beta_0 - \beta_1 \bar{x})^2$$

For simplicity, we denote  $\tilde{\beta}_0 = \bar{y} - \beta_0 - \beta_1 \bar{x}$ . Then we have

$$SSE = \sum_{i=1}^{n} (SD_{y}Z_{yi} - \beta_{1}SD_{x}Z_{xi} + \tilde{\beta}_{0})^{2}$$
  
$$= SD_{y}^{2} \sum_{i=1}^{n} Z_{yi}^{2} + \beta_{1}^{2}SD_{x}^{2} \sum_{i=1}^{n} Z_{xi}^{2} + \sum_{i=1}^{n} \tilde{\beta}_{0}^{2} - 2\beta_{1}SD_{x}SD_{y} \sum_{i=1}^{n} Z_{xi}Z_{yi}$$
  
$$+ 2\tilde{\beta}_{0}SD_{y} \sum_{i=1}^{n} Z_{yi} - 2\tilde{\beta}_{0}\beta_{1}SD_{x} \sum_{i=1}^{n} Z_{xi}$$
(9)

Recall that the Z-scores are constructed to have zero mean and unit standard deviation. It follows that

$$\sum_{i=1}^{n} Z_{xi} = \sum_{i} Z_{yi} = 0 \quad , \quad \frac{1}{n} \sum_{i=1}^{n} Z_{xi}^{2} = \frac{1}{n} \sum_{i=1}^{n} Z_{yi}^{2} = 1$$

and from the definition of correlation we have

$$\frac{1}{n}\sum_{i=1}^{n}Z_{xi}Z_{yi}=r_{xy},$$

Thus the SSE in equation (9) can be written as

$$SSE = n(SD_y^2 + \beta_1^2 SD_x^2 + \tilde{\beta}_0^2 - 2\beta_1 r_{xy} SD_x SD_y) = n[\tilde{\beta}_0^2 + (SD_x\beta_1 - r_{xy}SD_y)^2 + (1 - r_{xy}^2)SD_y^2] = n[(\bar{y} - \beta_0 - \beta_1 \bar{x})^2 + (SD_x\beta_1 - r_{xy}SD_y)^2] + n(1 - r_{xy}^2)SD_y^2$$
(10)

Note that we have re-expressed  $\tilde{\beta}_0$  in terms of  $\beta_0$  and  $\beta_1$  in the last step. Remember our goal is to find  $\beta_0$  and  $\beta_1$  to minimize SSE. The quantity inside the square bracket in equation (10) is a sum of two squares and contain the variables  $\beta_0$  and  $\beta_1$ , whereas  $n(1 - r_{xy}^2)SD_y^2$  is a fixed quantity. Therefore, we conclude that

$$SSE \ge n(1 - r_{xy}^2)SD_y^2$$

and the equality holds if and only if

$$\bar{y} - \beta_0 - \beta_1 \bar{x} = 0$$
 and  $SD_x\beta_1 - r_{xy}SD_y = 0$ 

Therefore, the values of  $\beta_0$  and  $\beta_1$  that minimize SSE is

$$\beta_1 = r_{xy} \frac{SD_y}{SD_x} \quad , \quad \beta_0 = \bar{y} - \beta_1 \bar{x} \tag{11}$$

and the minimum SSE is

$$SSE = n(1 - r_{xy}^2)SD_y^2$$
(12)

How are equations (11) related to equations (5) derived from calculus? We are going to prove that they are the same thing. Using equations (11) we have

$$\sum_{i=1}^{n} \epsilon_{i} = \sum_{i=1}^{n} (y_{i} - \hat{y}_{i})$$

$$= \sum_{i=1}^{n} (y_{i} - \beta_{0} - \beta_{1}x_{i})$$

$$= \sum_{i=1}^{n} (y_{i} - \bar{y} + \beta_{1}\bar{x} - \beta_{1}x_{i})$$

$$= \sum_{i=1}^{n} (y_{i} - \bar{y}) - \beta_{1}\sum_{i=1}^{n} (x_{i} - \bar{x})$$

$$= 0$$

If the last step is not obvious to you, here's a simple proof:

$$\bar{x} = \frac{1}{n} \sum_{i=1}^{n} x_i \quad \Rightarrow \quad \sum_{i=1}^{n} x_i = n\bar{x} = \sum_{i=1}^{n} \bar{x} \quad \Rightarrow \quad \sum_{i=1}^{n} (x_i - \bar{x}) = 0$$

and similarly

$$\sum_{i=1}^n (y_i - \bar{y}) = 0.$$

Now let's look at the second equation of (5):

$$\sum_{i=1}^{n} (x_i - \bar{x})(y_i - \hat{y}_i) = \sum_{i=1}^{n} (x_i - \bar{x})(y_i - \beta_0 - \beta_1 x_i)$$
$$= \sum_{i=1}^{n} (x_i - \bar{x})(y_i - \bar{y} + \beta_1 \bar{x} - \beta_1 x_i)$$
$$= \sum_{i=1}^{n} (x_i - \bar{x})(y_i - \bar{y}) - \beta_1 \sum_{i=1}^{n} (x_i - \bar{x})^2$$

From the definition of correlation and standard deviation, we have

$$r_{xy} = \frac{1}{n} \sum_{i=1}^{n} \frac{(x_i - \bar{x})(y_i - \bar{y})}{SD_x SD_y} \quad \Rightarrow \quad \sum_{i=1}^{n} (x_i - \bar{x})(y_i - \bar{y}) = nr_{xy} SD_x SD_y$$
$$SD_x^2 = \frac{1}{n} \sum_{i=1}^{n} (x_i - \bar{x})^2 \quad \Rightarrow \quad \sum_{i=1}^{n} (x_i - \bar{x})^2 = nSD_x^2$$

Thus,

$$\sum_{i=1}^{n} (x_i - \bar{x})(y_i - \hat{y}_i) = nr_{xy}SD_xSD_y - \beta_1 nSD_x^2 = nSD_x^2 \left( r_{xy}\frac{SD_y}{SD_x} - \beta_1 \right) = 0$$

Therefore, we have proved that equations (5) follows from equations (11). On the other hand, equations (5) are two linear equations for  $\beta_0$  and  $\beta_1$ . We can solve for  $\beta_0$  and  $\beta_1$  from these equations, which we will do so in Section 1.7. The result is that  $\beta_0$  and  $\beta_1$  are given by equations (11) and so the two sets of equations are equivalent.

#### 1.4 Interpretation

I will try to give you an intuition of the meaning of equations (5) below.

We can rewrite the first equation of (5) as

$$\bar{\epsilon} = 0. \tag{13}$$

That is to say that the mean of  $\epsilon_i$  vanishes. The second equation of (5) means that

$$\sum_{i=1}^{n} (x_i - \bar{x})\epsilon_i = \sum_{i=1}^{n} (x_i - \bar{x})(\epsilon_i - \bar{\epsilon}) = 0 \quad \Rightarrow \quad nSD_xSD_\epsilon r_{x\epsilon} = 0 \quad \Rightarrow \quad r_{x\epsilon} = 0$$

Thus the least square prescription is to find  $\beta_0$  and  $\beta_1$  to make the residuals having zero mean and zero correlation with  $x_i$ . Let's illustrate how this can be done graphically.

Suppose we have the following data set of  $x_i$  and  $y_i$ :



We want to fit a straight line  $y = \beta_0 + \beta_1 x$  to the data points. We know the line has to make the resuduals having zero mean and zero correlation with  $x_i$ . First, let's imagine choosing various values of  $\beta_1$  and see what the plot  $y - \beta_1 x$  versus x look like. In general, we will have the plot similar to the one above but with different overall slope. If we pick the right value of  $\beta_1$ , we will see that the residual  $y - \beta_1 x$  vs x is flat:



We know have achieved the first goal: by choosing the right value of  $\beta_1$ , the residual  $y - \beta_1 x$  has zero correlation with x. However, the residuals do not have zero mean. So next we want to choose  $\beta_0$  so that  $y - \beta_0 - \beta_1 x$  has

zero mean. When the right value of  $\beta_0$  is chosen, the residuals become this:



We have accomplished our goal. The residuals now have zero mean and zero correlation with  $x_i$ . The resulting regression line  $y = \beta_0 + \beta_1 x$  is the straight line that is best fit to the data points. The graph below shows the regression line (blue), data points (black) and the residuals (red).



We have outlined the idea of linear regression. Next we introduce the the concept of a vector, which proves to be very useful for regression with more than one variables.

### 1.5 Vectors

An *n*-dimensional vector V contains *n* real numbers  $v_1, v_2, \cdots, v_n$ , often written in the form

$$\boldsymbol{V} = \begin{pmatrix} v_1 \\ v_2 \\ \vdots \\ v_n \end{pmatrix}$$

The numbers  $v_1, v_2, \dots, v_n$  are called the *components* of V. Here we adopt the convention to write vector variables in boldface to distinguish them from numbers. It is useful to define a special vector  $X_0$  whose components are all equal to 1. That is,

$$\boldsymbol{X_0} = \begin{pmatrix} 1\\1\\\vdots\\1 \end{pmatrix} \tag{14}$$

The scalar product of two vectors  $\boldsymbol{U}$  and  $\boldsymbol{V}$  is defined as

$$\boldsymbol{U}\cdot\boldsymbol{V}=\boldsymbol{V}\cdot\boldsymbol{U}=\sum_{i=1}^nu_iv_i,$$

where  $v_i$  and  $u_i$  are components of V and U. Note that the result of the scalar product of two vectors is a number, not a vector. Two vectors U and V are said to be *orthogonal* if  $U \cdot V = 0$ .

It follows from the definition that

$$\boldsymbol{V}\cdot\boldsymbol{V}=\sum_{i=1}^n v_i^2\geq 0,$$

with  $\mathbf{V} \cdot \mathbf{V} = 0$  if and only if all components of  $\mathbf{V}$  are 0. It follows from the Cauchy-Schwarz inequality that

$$(\boldsymbol{U}\cdot\boldsymbol{V})^2 \leq (\boldsymbol{U}\cdot\boldsymbol{U})(\boldsymbol{V}\cdot\boldsymbol{V})$$

with the equality holds if and only if U = kV for some constant k.

Now that we have introduced the basic concept of a vector, we are now ready to express the regression equations in vector form.

#### **1.6** Regression Equations in Vector Form

Equation (2) can be written as

$$Y = Y + \epsilon = \beta_0 X_0 + \beta_1 X + \epsilon.$$
(15)

The sum of square of residuals SSE in (3) can be written as

$$SSE = \boldsymbol{\epsilon} \cdot \boldsymbol{\epsilon} = (\boldsymbol{Y} - \hat{\boldsymbol{Y}}) \cdot (\boldsymbol{Y} - \hat{\boldsymbol{Y}}) = (\boldsymbol{Y} - \beta_0 \boldsymbol{X_0} - \beta_1 \boldsymbol{X}) \cdot (\boldsymbol{Y} - \beta_0 \boldsymbol{X_0} - \beta_1 \boldsymbol{X})$$
(16)

To minimize SSE, we set the derivatives of SSE with respect to  $\beta_0$  and  $\beta_1$  to 0. The resulting equations are

$$\boldsymbol{X_0} \cdot (\boldsymbol{Y} - \beta_0 \boldsymbol{X_0} - \beta_1 \boldsymbol{X}) = 0 \quad , \quad \boldsymbol{X} \cdot (\boldsymbol{Y} - \beta_0 \boldsymbol{X_0} - \beta_1 \boldsymbol{X}) = 0$$

or

$$\boldsymbol{X_0} \cdot \boldsymbol{\epsilon} = \boldsymbol{X} \cdot \boldsymbol{\epsilon} = \boldsymbol{0}. \tag{17}$$

This is equation (4) written in vector form. We see that the least square prescription can be interpreted as finding  $\beta_0$  and  $\beta_1$  to make the residual vector  $\boldsymbol{\epsilon}$  orthogonal to both  $\boldsymbol{X}_0$  and  $\boldsymbol{X}$ .

The mean and standard deviation in (6) can be expressed as

$$\bar{u} = \frac{1}{n} \boldsymbol{X}_{0} \cdot \boldsymbol{U} \quad , \quad SD_{u} = \sqrt{\frac{1}{n} (\boldsymbol{U} - \bar{u} \boldsymbol{X}_{0}) \cdot (\boldsymbol{U} - \bar{u} \boldsymbol{X}_{0})}$$
(18)

and the Z score in (7) becomes

$$\boldsymbol{Z_u} = \frac{\boldsymbol{U} - \bar{\boldsymbol{u}} \boldsymbol{X_0}}{SD_u} \tag{19}$$

It follows that

$$\boldsymbol{Z}_{\boldsymbol{u}} \cdot \boldsymbol{Z}_{\boldsymbol{u}} = \boldsymbol{n} \tag{20}$$

The correlation  $r_{xy}$  in (8) is proportional to the scalar product of  $Z_x$  and  $Z_y$ :

$$r_{xy} = \frac{1}{n} \boldsymbol{Z}_{\boldsymbol{x}} \cdot \boldsymbol{Z}_{\boldsymbol{y}} \tag{21}$$

The equation  $r_{x\epsilon} = 0$  is equivalent to

$$\boldsymbol{Z}_{\boldsymbol{x}} \cdot \boldsymbol{\epsilon} = \boldsymbol{0} \tag{22}$$

We see that the equations in vector form are simpler and more elegant. We are now ready to solve the regression equations (15) and (17) for  $\beta_0$  and  $\beta_1$ .

## 1.7 Regression Coefficients

In this section, we are going to use the vector algebra to solve for  $\beta_0$  and  $\beta_1$  to re-derive equations (11). This is a useful exercise because it can be easily generalized to multiple regression we will consider later.

Start with equation (15). Taking the scalar product of (15) with  $X_0$ , using equations (18), (17) and  $X_0 \cdot X_0 = n$ , we obtain

$$n\bar{y} = n\beta_0 + n\beta_1\bar{x} \quad \Rightarrow \quad \bar{y} = \beta_0 + \beta_1\bar{x},\tag{23}$$

Multiplying both sides of the above equation by  $X_0$  gives

$$\bar{y}X_0 = \beta_0 X_0 + \beta_1 \bar{x}X_0$$

Subtracting the above equation from (15) gives

$$Y - \bar{y}X_0 = \beta_1(X - \bar{x}X_0) + \epsilon$$

It follows from equation (19) that  $Y - \bar{y}X_0 = SD_y Z_y$  and  $X - \bar{x}X_0 = SD_x Z_x$ . Hence we have

$$SD_y Z_y = \beta_1 SD_x Z_x + \epsilon$$

Taking the scalar product with  $Z_x$  and using  $Z_x \cdot \epsilon = 0$ , we obtain

$$SD_y \mathbf{Z}_x \cdot \mathbf{Z}_y = \beta_1 SD_x \mathbf{Z}_x \cdot \mathbf{Z}_x$$

It follows from equation (21) and (20) that  $Z_x \cdot Z_y = nr_{xy}$  and  $Z_x \cdot Z_x = n$  and so the above equation reduces to

$$SD_y r_{xy} = \beta_1 SD_x \quad \Rightarrow \quad \beta_1 = r_{xy} \frac{SD_y}{SD_x}$$

Combining the above equation with (23), we finally solve  $\beta_0$  and  $\beta_1$ :

$$\beta_1 = r_{xy} \frac{SD_y}{SD_x} \quad , \quad \beta_0 = \bar{y} - \beta_1 \bar{x} \tag{24}$$

The regression line is the straight line with slope  $r_{xy}SD_y/SD_x$  passing through the point  $(\bar{x}, \bar{y})$ .

#### 1.8 SST, SSM, SSE

The total sum square SST is defined as

$$SST = \sum_{i=1}^{n} (y_i - \bar{y})^2 = (\boldsymbol{Y} - \bar{y}\boldsymbol{X_0}) \cdot (\boldsymbol{Y} - \bar{y}\boldsymbol{X_0})$$
(25)

It follows from the definition of standard deviation [see equation (6) or (18)] that

$$SST = nSD_y^2 \tag{26}$$

The sum square predicted by the linear model SSM is defined as

$$SSM = \sum_{i=1}^{n} (\hat{y}_i - \bar{y})^2 = (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X_0}) \cdot (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X_0})$$
(27)

Using  $\hat{\mathbf{Y}} = \beta_0 \mathbf{X_0} + \beta_1 \mathbf{X}$  and  $\beta_0 = \bar{y} - \beta_1 \bar{x}$ , we have

$$\hat{\boldsymbol{Y}} - \bar{\boldsymbol{y}}\boldsymbol{X}_{\boldsymbol{0}} = (\bar{\boldsymbol{y}} - \beta_1 \bar{\boldsymbol{x}})\boldsymbol{X}_{\boldsymbol{0}} + \beta_1 \boldsymbol{X} - \bar{\boldsymbol{y}}\boldsymbol{X}_{\boldsymbol{0}} = \beta_1 (\boldsymbol{X} - \bar{\boldsymbol{x}}\boldsymbol{X}_{\boldsymbol{0}}) = \beta_1 S D_{\boldsymbol{x}} \boldsymbol{Z}_{\boldsymbol{x}},$$
(28)

where we have used equation (19) to obtain the last equality. Combining (27), (28), (20) (24) and (26), we obtain

$$SSM = n\beta_1^2 SD_x^2 = n\left(r_{xy}\frac{SD_y}{SD_x}\right)^2 SD_x^2 = nr_{xy}^2 SD_y^2 = r_{xy}^2 SST$$
(29)

Next we want to prove the identity SST = SSM + SSE. To see that, we start with the identity

$$\boldsymbol{Y} - \bar{y}\boldsymbol{X}_{0} = (\boldsymbol{Y} - \hat{\boldsymbol{Y}}) + (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X}_{0}) = \boldsymbol{\epsilon} + (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X}_{0})$$

We then "square" both sides by taking the scalar product with itself:

$$(\boldsymbol{Y} - \bar{y}\boldsymbol{X_0}) \cdot (\boldsymbol{Y} - \bar{y}\boldsymbol{X_0}) = [\boldsymbol{\epsilon} + (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X_0})] \cdot [\boldsymbol{\epsilon} + (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X_0})]$$

The left hand side is SST, the right hand side is the sum of SSE, SSM and a cross term:

$$SST = \boldsymbol{\epsilon} \cdot \boldsymbol{\epsilon} + (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X}_0) \cdot (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X}_0) + 2\boldsymbol{\epsilon} \cdot (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X}_0)$$
  
=  $SSE + SSM + 2\boldsymbol{\epsilon} \cdot (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X}_0)$ 

It follows from (28) and  $\mathbf{Z}_{x} \cdot \boldsymbol{\epsilon} = 0$  that the cross term vanishes:

$$\boldsymbol{\epsilon} \cdot (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X_0}) = \beta_1 S D_x \boldsymbol{Z_x} \cdot \boldsymbol{\epsilon} = 0$$

Another way of seeing this is to note that  $\epsilon$  is orthogonal to both  $X_0$  and X, as required by the least square prescription (17). So  $\epsilon$  is orthogonal to any linear combination of  $X_0$  and X. Since  $\hat{Y} - \bar{y}X_0$  is a linear combination of  $X_0$  and X, it is orthogonal to  $\epsilon$ .

We have just proved that

$$SST = SSM + SSE \tag{30}$$

We have calculated above that  $SSM = r_{xy}^2 SST$  and  $SST = nSD_y^2$ . Using the identity SST = SSM + SSE, we obtain

$$SSE = SST - SSM = (1 - r_{xy}^2)SST = n(1 - r_{xy}^2)SD_y^2.$$

# 2 Multiple Regression

Now we want to generalize the results of simple regression to multiple regression. We will first consider the case with two variables in Section 2.1, because simple analytic expressions exist in this case and the derivation is relatively straightforward. Then we will turn to the more general case with more than two variables in Section 2.2.

### 2.1 Two Variables

Suppose we want to fit the data points  $\{y_i\}$  with two variables  $\{x_{1i}\}$  and  $\{x_{2i}\}$  by a linear model

$$y_i = \hat{y}_i + \epsilon_i \quad , \quad i = 1, 2, \cdots, n$$

with

$$\hat{y}_i = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i}.$$

The least square prescription is again to find  $\beta_0$ ,  $\beta_1$  and  $\beta_2$  to minimize the sum square of the residuals:

$$SSE = \sum_{i=1}^{n} \epsilon_i^2 = \sum_{i=1}^{n} (y_i - \hat{y}_i)^2$$

As in the case of simple regression, it is more convenient to rewrite the above equations in vector form as follows:

$$\boldsymbol{Y} = \hat{\boldsymbol{Y}} + \boldsymbol{\epsilon} = \beta_0 \boldsymbol{X_0} + \beta_1 \boldsymbol{X_1} + \beta_2 \boldsymbol{X_2} + \boldsymbol{\epsilon}$$
(31)

$$\hat{\boldsymbol{Y}} = \beta_0 \boldsymbol{X_0} + \beta_1 \boldsymbol{X_1} + \beta_2 \boldsymbol{X_2}$$
(32)

$$SSE = \boldsymbol{\epsilon} \cdot \boldsymbol{\epsilon} = (\boldsymbol{Y} - \beta_0 \boldsymbol{X_0} - \beta_1 \boldsymbol{X_1} - \beta_2 \boldsymbol{X_2}) \cdot (\boldsymbol{Y} - \beta_0 \boldsymbol{X_0} - \beta_1 \boldsymbol{X_1} - \beta_2 \boldsymbol{X_2})$$
(33)

To employ the least square prescription, we set the derivatives of SSE with respect to  $\beta_0$ ,  $\beta_1$  and  $\beta_2$  to 0. The resulting equations are

$$X_0 \cdot \epsilon = X_1 \cdot \epsilon = X_2 \cdot \epsilon = 0. \tag{34}$$

That is to say that  $\epsilon$  is orthogonal to  $X_0$ ,  $X_1$  and  $X_2$ . In other words,  $\hat{Y}$  is the vector Y projected onto the vector space spanned by  $X_0$ ,  $X_1$  and  $X_2$ .

For convenience, we denote  $Z_1$  and  $Z_2$  as the Z-score vectors associated with  $X_1$  and  $X_2$ , respectively. That is,

$$Z_1 = \frac{X_1 - \bar{x}_1 X_0}{SD_1} , \quad Z_2 = \frac{X_2 - \bar{x}_2 X_0}{SD_2} ,$$
 (35)

where  $SD_1$  and  $SD_2$  are the standard deviation of  $\{x_{1i}\}$  and  $\{x_{2i}\}$ , respectively. We see that  $Z_1$  is a linear combination of  $X_0$  and  $X_1$ ;  $Z_2$  is a linear combination of  $X_0$  and  $X_2$ . Since  $\epsilon$  to orthogonal to  $X_0$ ,  $X_1$  and  $X_2$ , it is orthogonal to  $Z_1$  and  $Z_2$  as well:

$$Z_1 \cdot \epsilon = Z_2 \cdot \epsilon = 0. \tag{36}$$

Recall that the mean of a vector  $\boldsymbol{U}$  is  $\bar{\boldsymbol{u}} = \boldsymbol{X}_0 \cdot \boldsymbol{U}/n$ , and the correlation between  $\boldsymbol{U}$  and  $\boldsymbol{V}$  is  $r_{uv} = \boldsymbol{Z}_u \cdot \boldsymbol{Z}_v/n$ . Thus the orthogonality conditions of  $\boldsymbol{\epsilon}$  mean that (1)  $\boldsymbol{\epsilon}$  has zero mean,  $\bar{\boldsymbol{\epsilon}} = 0$ , and (2)  $\boldsymbol{\epsilon}$  has zero correlation with both  $\boldsymbol{X}_1$  and  $\boldsymbol{X}_2$ :  $r_{\epsilon 1} = r_{\epsilon 2} = 0$ .

To solve the regression equations (34), we take the scalar product of equation (31) with  $X_0$ , resulting in the equation

$$\bar{y} = \beta_0 + \beta_1 \bar{x}_1 + \beta_2 \bar{x}_2 \tag{37}$$

This means that the regression line passes through the average point  $(\bar{x}_1, \bar{x}_2, \bar{y})$ . Multiplying equation (37) by  $X_0$  yields

$$\bar{y}X_{0} = \beta_{0}X_{0} + \beta_{1}\bar{x}_{1}X_{0} + \beta_{2}\bar{x}_{2}X_{0}$$

Subtracting the above equation from (31) gives

$$Y - \bar{y}X_0 = \beta_1(X_1 - \bar{x}_1X_0) + \beta_2(X_2 - \bar{x}_2X_0) + \epsilon$$

Using the definition of the Z score vector, we can write the above equation as

$$SD_y \mathbf{Z}_y = \beta_1 SD_1 \mathbf{Z}_1 + \beta_2 SD_2 \mathbf{Z}_2 + \boldsymbol{\epsilon}$$
(38)

Taking the scalar product of the above equation with  $Z_1$  gives

$$SD_y r_{y1} = \beta_1 SD_1 + \beta_2 SD_2 r_{12}, \tag{39}$$

where  $r_{y1} = \mathbf{Z}_{y} \cdot \mathbf{Z}_{1}/n$  is the correlation between  $\mathbf{Y}$  and  $\mathbf{X}_{1}$ ,  $r_{12} = \mathbf{Z}_{1} \cdot \mathbf{Z}_{2}/n$  is the correlation between  $\mathbf{X}_{1}$  and  $\mathbf{X}_{2}$ . Equation (39) can be written as

$$\beta_1 = r_{y1} \frac{SD_y}{SD_1} - \beta_2 \left( r_{12} \frac{SD_2}{SD_1} \right) = \beta_{y1} - \beta_2 \beta_{21}, \tag{40}$$

where  $\beta_{y1} = r_{y1}SD_y/SD_1$  is the slope in the simple regression for predicting Y from  $X_1$ , and  $\beta_{21} = r_{12}SD_2/SD_1$  is the slope in the simple regression for predicting  $X_2$  from  $X_1$ .

Before deriving the final expression for  $\beta_1$ , let's point out two things. First, if  $r_{12} = 0$  (or equivalently  $X_1 \cdot X_2 = 0$ ) then  $\beta_1 = \beta_{y1}$ . That is to say that if the correlation between  $X_1$  and  $X_2$  is zero (orthogonal), the slope  $\beta_1$  in the multiple regression is exactly the same as the slope  $\beta_{y1}$  in the simple regression for prediction Y from  $X_1$ . The addition of the  $X_2$  does not change the slope. Second, if  $r_{12} > 0$  and  $\beta_2 > 0$ , then  $\beta_1 < \beta_{y1}$ . The slope  $\beta_1$  decreases if  $X_1$  and  $X_2$  are positively correlated and if the slope of  $X_2$  in the multiple regression is positive.

Let's go back to equation (40). If  $r_{12} \neq 0$ , the equation of  $\beta_1$  involves  $\beta_2$ . So  $\beta_1$  and  $\beta_2$  has to be solved together. Since  $X_1$  and  $X_2$  are symmetric, the equation for  $\beta_2$  can be obtained by simply exchanging the index between 1 and 2 of the  $\beta_1$  equation:

$$\beta_2 = \beta_{y2} - \beta_1 \beta_{12},\tag{41}$$

where

$$\beta_{y2} = r_{y2} \frac{SD_y}{SD_2}$$
 and  $\beta_{12} = r_{12} \frac{SD_1}{SD_2}$ . (42)

Substituting  $\beta_2$  from (41) into (40), we obtain

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$$\beta_1 = \beta_{y1} - (\beta_{y2} - \beta_1 \beta_{12})\beta_{21} = \beta_{y1} - \beta_{y2}\beta_{21} + \beta_1 \beta_{12}\beta_{21}$$
(43)

Note that the product

$$\beta_{12}\beta_{21} = \left(r_{12}\frac{SD_1}{SD_2}\right)\left(r_{12}\frac{SD_2}{SD_1}\right) = r_{12}^2$$

Thus equation (43) becomes

$$\beta_1 = \beta_{y1} - \beta_{y2}\beta_{21} + r_{12}^2\beta_1 \quad \Rightarrow \quad (1 - r_{12}^2)\beta_1 = \beta_{y1} - \beta_{y2}\beta_{21}$$

or

$$\beta_1 = \frac{\beta_{y1} - \beta_{y2}\beta_{21}}{1 - r_{12}^2}$$

Using the expressions for  $\beta_{y1}$ ,  $\beta_{y2}$  and  $\beta_{12}$ , we find

$$\beta_1 = b_1 \frac{SD_y}{SD_1},\tag{44}$$

where

$$b_1 = \frac{r_{y1} - r_{y2}r_{12}}{1 - r_{12}^2}$$

may be interpreted as the adjusted correlation between Y and  $X_1$  taking into account the presence of  $X_2$ . The expression for  $\beta_2$  is obtained by exchanging the index between 1 and 2:

$$\beta_2 = b_2 \frac{SD_y}{SD_2}$$
,  $b_2 = \frac{r_{y2} - r_{y1}r_{12}}{1 - r_{12}^2}$ 

Gathering all the results, we conclude that the regression coefficients are given by

$$\beta_1 = b_1 \frac{SD_y}{SD_1} , \quad \beta_2 = b_2 \frac{SD_y}{SD_1} , \quad \beta_0 = \bar{y} - \beta_1 \bar{x}_1 - \beta_2 \bar{x}_2$$
(45)

with

$$b_1 = \frac{r_{y1} - r_{y2}r_{12}}{1 - r_{12}^2} \quad , \quad b_2 = \frac{r_{y2} - r_{y1}r_{12}}{1 - r_{12}^2} \tag{46}$$

In Section 1.8, we see that the SSE in simple regression is related to  $SD_y^2$  by  $SSE = n(1 - r_{xy}^2)SD_y^2$ . In multiple regression, we will show in Section 2.4 that the formula is generalized to

$$SSE = n^2(1 - R^2) SD_y^2$$

where R is the correlation between  $\boldsymbol{Y}$  and  $\hat{\boldsymbol{Y}}$ :

$$R = \frac{\boldsymbol{Z}_{\boldsymbol{y}} \cdot \boldsymbol{Z}_{\hat{\boldsymbol{y}}}}{n}$$

We will defer the calculation of R to Section 2.3. In the case of multiple regression with two variables considered here, R is given by

$$R = \sqrt{\frac{r_{y1}^2 + r_{y2}^2 - 2r_{y1}r_{y2}r_{12}}{1 - r_{12}^2}} \tag{47}$$

## 2.2 More Than Two Variables

Suppose we now want to fit  $\{y_i\}$  with p variables  $\{x_{1i}, x_{2i}, \dots, x_{pi}\}$ . The regression equation has p+1 parameters  $\beta_0, \beta_1, \beta_2, \dots, \beta_p$ . It can be written in the vector form as

$$\boldsymbol{Y} = \hat{\boldsymbol{Y}} + \boldsymbol{\epsilon} = \sum_{j=0}^{p} \beta_j \boldsymbol{X}_j + \boldsymbol{\epsilon}$$
(48)

$$\hat{\boldsymbol{Y}} = \sum_{j=0}^{p} \beta_j \boldsymbol{X}_j \tag{49}$$

$$SSE = \boldsymbol{\epsilon} \cdot \boldsymbol{\epsilon} = \left( \boldsymbol{Y} - \sum_{j=0}^{p} \beta_j \boldsymbol{X}_j \right) \cdot \left( \boldsymbol{Y} - \sum_{j=0}^{p} \beta_j \boldsymbol{X}_j \right)$$
(50)

To minimize SSE, we set the derivatives of SSE with respect to  $\beta_j$   $(j = 0, 1, \dots, p)$  to 0. The resulting equations can be written as

$$\boldsymbol{X_j} \cdot \boldsymbol{\epsilon} = 0 \quad , \quad j = 0, 1, \cdots, p.$$

$$(51)$$

This means that  $\epsilon$  is orthogonal all  $X_0, X_1, \dots, X_p$ , or equivalently, the mean of  $\epsilon$  is 0 and the correlations between  $\epsilon$  and all the X variables are 0.

To find the regression coefficients, we follow the same procedures as before. First, take the scalar product of equation (48) with  $X_0$ . The result is

$$\bar{y} = \beta_0 + \sum_{j=1}^p \beta_j \bar{x}_j \tag{52}$$

As before, this means that the regression line passes through the point of average. Next, we multiple the above equation by  $X_0$ :

$$\bar{y} \boldsymbol{X_0} = \beta_0 \boldsymbol{X_0} + \sum_{j=1}^p \beta_j \bar{x}_j \boldsymbol{X_0}$$

and then subtract it from equation (48):

$$\boldsymbol{Y} - \bar{y}\boldsymbol{X_0} = \sum_{j=1}^p \beta_j (\boldsymbol{X_j} - \bar{x}_j \boldsymbol{X_0}) + \boldsymbol{\epsilon} \; .$$

Using the definition of the Z score vector (19), we can write the above equation as

$$SD_y \mathbf{Z}_y = \sum_{j=1}^p \beta_j SD_j \mathbf{Z}_j + \boldsymbol{\epsilon}$$

Dividing both sides by  $SD_y$  results in

$$\boldsymbol{Z}_{\boldsymbol{y}} = \sum_{j=1}^{p} b_j \boldsymbol{Z}_{\boldsymbol{j}} + \frac{\boldsymbol{\epsilon}}{SD_y},\tag{53}$$

where

$$b_j = \beta_j \frac{SD_j}{SD_y}.\tag{54}$$

Taking the scalar product of equation (53) with  $Z_i$   $(i = 0, 1, 2, \dots, p)$ , we obtain

$$\sum_{j=1}^{p} r_{ij} b_j = r_{yi} \quad , \quad i = 1, 2, \cdots, p.$$
(55)

This is a system of linear equations for  $b_1, b_2, \dots, b_p$ . Written them out, they look like

$$b_1 + r_{12}b_2 + r_{13}b_3 + \dots + r_{1p}b_p = r_{y1}$$
  

$$b_1r_{21} + b_2 + r_{23}b_3 + \dots + r_{2p}b_p = r_{y2}$$
  

$$b_1r_{31} + b_2r_{32} + b_3 + \dots + r_{3p}b_p = r_{y3}$$
  

$$\vdots \vdots \vdots$$
  

$$b_1r_{p1} + b_2r_{p2} + b_3r_{p3} + \dots + b_p = r_{yp}$$

If all of the variables  $X_j$  are uncorrelated (i.e.  $r_{ij} = 0$  if  $i \neq j$ ), the solution is  $b_j = r_{yj}$  and the slopes are  $\beta_j = r_{yj}SD_y/SD_j$ . This is exactly the same as the slopes in simple regression for predicting Y from  $X_j$ .

There are no simple analytic expressions for  $b_j$  in general, but there are several well-known procedures to obtain the solution by successive algebraic operations, but we will not discuss the methods here.

Suppose all the b's have been solved using one of those procedures, the slopes are given by equation (54) as

$$\beta_j = b_j \frac{SD_j}{SD_y} \quad , \quad j = 1, 2, \cdots, p \tag{56}$$

and the intercept  $\beta_0$  is given by equation (52) as

$$\beta_0 = \bar{y} - \sum_{j=1}^p \beta_j \bar{x}_j. \tag{57}$$

Finally, we should mention that the term "linear" in linear regession refers to a model being linear in the fitting parameters  $\beta_0, \beta_1, \dots, \beta_p$ . For example, we can fit  $y_i$  by the model

$$y_i = \beta_0 + \beta_1 x_i + \beta_2 \sqrt{x_i} + \beta_3 x_i^2 + \beta_4 \ln x_i + \beta_5 \frac{x_i^3}{1 + 2^{x_i}}$$
(58)

using the technique of multiple linear regression since the model is linear in  $\beta_0, \beta_1, \dots, \beta_5$ . We simply label

$$x_{1i} = x_i$$
,  $x_{2i} = \sqrt{x_i}$ ,  $x_{3i} = x_i^2$ ,  $x_{4i} = \ln x_i$ ,  $x_{5i} = \frac{x_i^3}{1 + 2^{x_i}}$ 

and equation (58) can be written in vector form as

$$\boldsymbol{Y} = \beta_0 \boldsymbol{X_0} + \beta_1 \boldsymbol{X_1} + \beta_2 \boldsymbol{X_2} + \beta_3 \boldsymbol{X_3} + \beta_4 \boldsymbol{X_4} + \beta_5 \boldsymbol{X_5}$$

which is equation (48) with p = 5. The key is to note that the least square prescription is to minimize SSE by varying the paremeters  $\beta$ 's, not the independent variables x's.

# 2.3 Correlation Between Y and $\hat{Y}$

To generalize the SST, SSM, and SSE expressions in Section 1.8 for multiple regression, we consider the quantity R defined as the correlation between Y and  $\hat{Y}$ :

$$R = \frac{\mathbf{Z}_{\mathbf{y}} \cdot \mathbf{Z}_{\hat{\mathbf{y}}}}{n} \ . \tag{59}$$

We first calculate the average of  $\hat{Y}$ :

$$\bar{\hat{y}} = \frac{1}{n}\hat{\boldsymbol{Y}}\cdot\boldsymbol{X_0} = \frac{1}{n}\left(\beta_0\boldsymbol{X_0} + \sum_{j=1}^p \beta_j\boldsymbol{X_j}\right)\cdot\boldsymbol{X_0} = \beta_0 + \sum_{j=1}^p \beta_j\bar{x}_j = \bar{y},$$

where we have used equation (49) for  $\hat{Y}$  and (52) for  $\bar{y}$ . From the definition of the Z score vector (19) and  $\bar{y} = \bar{y}$ , we can write (59) as

$$R = \frac{(\mathbf{Y} - \bar{y}\mathbf{X}_{0}) \cdot (\hat{\mathbf{Y}} - \bar{y}\mathbf{X}_{0})}{nSD_{y}SD_{\hat{y}}}$$

$$= \frac{(\hat{\mathbf{Y}} + \boldsymbol{\epsilon} - \bar{y}\mathbf{X}_{0}) \cdot (\hat{\mathbf{Y}} - \bar{y}\mathbf{X}_{0})}{nSD_{y}SD_{\hat{y}}}$$

$$= \frac{(\hat{\mathbf{Y}} - \bar{y}\mathbf{X}_{0}) \cdot (\hat{\mathbf{Y}} - \bar{y}\mathbf{X}_{0})}{nSD_{y}SD_{\hat{y}}}$$

$$= \frac{SD_{\hat{y}}}{SD_{y}}$$
(60)

where we have used  $\boldsymbol{\epsilon} \cdot \boldsymbol{X}_0 = 0$  and  $\boldsymbol{\epsilon} \cdot \hat{\boldsymbol{Y}} = 0$  (since  $\hat{\boldsymbol{Y}}$  is a linear combination of  $\boldsymbol{X}_0, \dots, \boldsymbol{X}_p$  and all are orthogonal to  $\boldsymbol{\epsilon}$ ). We have also used the definition of the standard deviation (18) to obtain the last line. Hence we have

$$R^{2} = \frac{SD_{\hat{y}}^{2}}{SD_{y}^{2}} = \frac{\sum_{i=1}^{n} (\hat{y}_{i} - \bar{y})^{2}}{\sum_{i=1}^{n} (y_{i} - \bar{y})^{2}},$$
(61)

which is interpreted as the fraction of the variance of Y explained by the linear model.

To compute R, we use equation (49) for  $\hat{Y}$  and (57) for  $\beta_0$ , and write

$$SD_{\hat{y}}^{2} = \frac{1}{n} (\hat{Y} - \bar{y} X_{0}) \cdot (\hat{Y} - \bar{y} X_{0})$$

$$= \frac{1}{n} \left[ (\beta_{0} - \bar{y}) X_{0} + \sum_{i=1}^{p} \beta_{i} X_{i} \right] \cdot \left[ (\beta_{0} - \bar{y}) X_{0} + \sum_{j=1}^{p} \beta_{j} X_{j} \right]$$

$$= \frac{1}{n} \left[ \sum_{i=1}^{p} \beta_{i} (X_{i} - \bar{x}_{i} X_{0}) \right] \cdot \left[ \sum_{j=1}^{p} \beta_{j} (X_{j} - \bar{x}_{j} X_{0}) \right]$$

$$= \frac{1}{n} \left( \sum_{i=1}^{p} SD_{i}\beta_{i}\boldsymbol{Z}_{i} \right) \cdot \left( \sum_{j=1}^{p} SD_{j}\beta_{j}\boldsymbol{Z}_{j} \right)$$
$$= \frac{1}{n} \sum_{i=1}^{p} \sum_{j=1}^{p} SD_{i}SD_{j}\beta_{i}\beta_{j}\boldsymbol{Z}_{i} \cdot \boldsymbol{Z}_{j}$$
$$= \sum_{i=1}^{p} \sum_{j=1}^{p} SD_{i}SD_{j}\beta_{i}\beta_{j}r_{ij}$$
$$R^{2} = \frac{SD_{y}^{2}}{SD_{y}^{2}} = \sum_{i=1}^{p} \sum_{j=1}^{p} b_{i}b_{j}r_{ij},$$

where we have used the definition of  $b_j$  in equation (54). The sum can be simplified by noting that  $b_j$  satisfy equation (55), and thus we obtain

$$R = \sqrt{\sum_{i=1}^{p} b_i r_{yi}} \tag{62}$$

When the solution of  $b_i$  is obtained, R can be calculated using the above equation. In the case of multiple regression with two variables (p = 2),  $b_1$  and  $b_2$  are given by equation (46). Plugging them into equation (62), we obtain equation (47).

#### 2.4 SST, SSM, SSE

As in Section 1.8, we define SST and SSM as

$$SST = \sum_{i=1}^{n} (y_i - \bar{y})^2 = (\mathbf{Y} - \bar{y}\mathbf{X_0}) \cdot (\mathbf{Y} - \bar{y}\mathbf{X_0})$$
$$SSM = \sum_{i=1}^{n} (\hat{y}_i - \bar{y})^2 = (\hat{\mathbf{Y}} - \bar{y}\mathbf{X_0}) \cdot (\hat{\mathbf{Y}} - \bar{y}\mathbf{X_0})$$

It follows from the definition of standard deviation that

$$SST = nSD_y^2 \tag{63}$$

and it follows from (61) that

$$SSM = R^2 SST. ag{64}$$

The identity SST = SSM + SSE still holds in multiple linear regression. The proof is almost exactly the same as in Section 1.8.

We start with the identity

$$\boldsymbol{Y} - \bar{y}\boldsymbol{X}_{0} = (\boldsymbol{Y} - \hat{\boldsymbol{Y}}) + (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X}_{0}) = \boldsymbol{\epsilon} + (\hat{\boldsymbol{Y}} - \bar{y}\boldsymbol{X}_{0}).$$

Take the scalar product with itself:

$$(\mathbf{Y} - \bar{y}\mathbf{X_0}) \cdot (\mathbf{Y} - \bar{y}\mathbf{X_0}) = [\boldsymbol{\epsilon} + (\hat{\mathbf{Y}} - \bar{y}\mathbf{X_0})] \cdot [\boldsymbol{\epsilon} + (\hat{\mathbf{Y}} - \bar{y}\mathbf{X_0})]$$
  
$$SST = SSE + SSM + 2\boldsymbol{\epsilon} \cdot (\hat{\mathbf{Y}} - \bar{y}\mathbf{X_0})$$

Since  $\hat{Y} - \bar{y}X_0$  is a linear combination of  $X_0, X_1, \dots, X_p$  and  $\epsilon$  is orthogonal to all these vectors,  $\epsilon \cdot (\hat{Y} - \bar{y}X_0) = 0$ and so we have

$$SST = SSM + SSE$$
(65)